

# Collaborating Centres ANNUAL REPORT

Folder eCC\_00020725 is in stage Annual\_Report\_Due

Name of the University, Hospital, Research Institute, Academy or Ministry

UiT The Arctic University of Norway

Name of the Division, Department, Unit, Section or Area

National Research Center in Complementary and Alternative Medicine (NAFKAM)

City Tromso Reference Number NOR-20

Title WHO Collaborating Centre for Traditional Medicine

**Report Year** 02-2020 to 02-2021

## 1. Annual report on the agreed workplan

Describe progress made on the agreed workplan. For each activity, detail (1) the actions taken, (2) the outputs delivered, as well as (3) any difficulties that may have been encountered. Three responses are expected. [maximum 200 words per activity]. Indicate, if an activity has been completed previously, has not yet started or has been placed on hold.

## **Activity 1**

Title: At WHO's request, collect and analyse country-specific data on legal status and regulation of TCI globally

Description: The World Health Assembly Resolution on Traditional medicine WHA67.18 (2014) requests the Director General to facilitate, upon request, Member States' implementation of the WHO traditional medicine strategy: 2014–2023, supporting their formulation of related knowledge-based national policies, standards and regulations, and strengthening national capacity-building accordingly through information sharing, networks and training workshops.

This activity supports WHO in implementing Strategic Objective 1 (i.e. to build the knowledge base for active management of T&CM through appropriate national policies) of the WHO Traditional Medicine Strategy 2014-2023.

The information collated will be used, as required, by WHO to update the WHO global report on traditional and complementary medicine 2019 and WHO organized interregional training workshops. Regularly updating the information in the WHO global report on T&CM is listed as an activity under the 2020-2021 workplan of the TCI Unit.

Status: ongoing

Nafkam decided to discontinue the CAM regulation website (cam-regulation.org) in its current format at the end of December 2020. This is in line with Nafkam's strategic plan for the coming years. The website received too little interest to justify the resources required for running a high-quality information website. WHO was informed accordingly on 17th December 2020.

Nafkam will of course keep all data on file and respond to any specific requests from WHO about CAM regulation in Europe.

### **Activity 2**

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Title: On WHO's request, support in expanding WHO's work on medication safety and quality of care in TCI Description: One of the strategic objectives of the WHO Traditional Medicine Strategy 2014-2023 is to strengthen the quality assurance, safety, proper use and effectiveness of traditional and complementary medicine by regulating products, practices and practitioners. The WHA resolution on Global Action on Patient Safety WHA72.6 (2019) urges Member States to consider the use of traditional and complementary medicine, as appropriate, in the provision of safer health care. This activity is aligned with WHO TM Strategy 2014-2023 and WHA resolution WHA72.6.

It will contribute to GPW13 Output 1.1.1 and Output 1.3.1 and is included in the workplan of TCI unit for 2020-2021.

The Institution has expertise in the area of patient safety in TCI and in the past has supported WHO's work in patient safety and quality improvement of TCI services. The technical inputs and information support provided by the Institution will contribute to developing products that will further expand the integrative dimensions between patient safety, quality of care and TCI and contribute to integrated, people-centered TCI service delivery and UHC.

Status: ongoing

Nafkam provided input to two draft technical documents as requested by WHO.

'WHO benchmarks for training in Anthroposophic Medicine'

2nd review of the draft document, May 2020

Nafkam received a request for comments from WHO and provided extensive feedback well ahead of the deadline.

Nafkam staff: Miek Jong, Barbara Wider

Input to draft technical document: "WHO benchmarks for training in Yoga", 1st global review. Nafkam received a request for comments from WHO and provided feedback within the deadline. Nafkam staff: Miek Jong, Barbara Wider

### **Activity 3**

Title: On WHO's request, continue to provide technical support to WHO in the development of relevant products for appropriate integration of TCI

Description: Appropriate integration of traditional and complementary medicine in health services and health systems is one of the three strategic objectives of the WHO Traditional Medicine Strategy 2014-2023. The recently adopted United Nations Political Declaration of the High-level Meeting on Universal Health Coverage (2019) has included 'exploring ways to integrate, as appropriate, safe and evidence-based T&CM services within national and/or subnational health systems, particularly at the level of primary health care, according to national context and priorities' as a focus to scale up global effort to build a healthier world.

In the preceding period of designation, this Institution has provided technical support to the process of preparation of the draft report on 'Integration of Traditional and Complementary Medicine into Health Systems'.

Continued technical support from the Institution will contribute to WHO's efforts towards further crystalizing the WHO global report on appropriate integration of T&CM into health systems. Development of this report is included as an activity under Top Task5 (leadership) in the TCI workplan for 2020-2021.

Status: ongoing

This is still ongoing (lead: Vinjar Fønnebø).

## 2. Annual report on other activities requested

Should WHO have requested activities in addition to the agreed workplan, please describe related actions taken by your institution [maximum 200 words]. Please do not include in this report any activity done by your institution thatwas not requested by and agreed with WHO.

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None specifically.

The WHO redesignated Nafkam as WHO Collaborating Center for the period 11th February 2020 to 11th February 2024.

### 3. Resources

Indicate staff time spent on the implementation of activities agreed with WHO (i.e. those mentioned in questions no. 1 and no. 2 above). Do not include any data related to other activities done by your institution without the agreement of WHO. Please indicate staff time using the number of "full-day equivalents" – a day of work comprising 8 hours (e.g. 4 hours work per day for 7 days should be recorded as 3.5 full-day equivalents).

Number of staff involved (either partially or fully)

Senior staff	Mid-career staff	Junior staff, PhD students
4	2	0

## Number of full-day equivalents, total for all staff involved

Senior staff	Mid-career staff	Junior staff, PhD students
50	10	0

Implementation of the agreed workplan activities (i.e. those mentioned in questions no. 1 and no. 2 above) normally require resources beyond staff-time, such as the use of laboratory facilities, purchasing of materials, travel, etc. Please estimate the costs of these other resources as a percentage of the total costs incurred (e.g. if you incurred costs of USD 100 and the value of your staff time was USD 50 which makes the total of USD 150, please report 33.3% and 66.7%).

	Percentage of costs associated with other resources	Total
95.00	5.00	100.00

### 4. Networking

Describe any interactions or collaboration with other WHO Collaborating Centres in the context of the implementation of the agreed activities If you are part of a network of WHO Collaborating Centres, please also mention the name of the network and describe your involvement in that network [maximum 200 words].

Nafkam representatives Miek Jong and Barbara Wider attended a virtual seminar of Heads of the WHO Collaborating Centers in December 2020.

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