

**Table 4: Systematic reviews of massage therapy for cancer-related nausea and vomiting**

Source: Karen Pilkington, CAM Cancer Consortium. Massage [online document]. <https://cam-cancer.org/en/massage-classicalswedish>, February 15<sup>th</sup>, 2021.

<b>First author (year)</b>	<b>Main outcomes</b>	<b>Number of studies Type of studies Number of patients included</b>	<b>Methods, quality assessment</b>	<b>Main results/Conclusion</b>
Greenlee (2017)	Wide range of outcomes	8 RCTs (n not reported)	4 databases were searched to December 2015 restricted to English Each article was scored according to the quality of design and reporting based on the Jadad scoring scale and a modified scale adapted from the Delphi scoring system.  Grades of evidence for a specific outcome using a modified version of the US Preventive Services Task Force grading system.	Massage vs control (not specified) <b>Chemotherapy-induced nausea and vomiting</b> Insufficient evidence
Radossi (2016)	Range of outcomes including anxiety, nausea and vomiting and pain	9 RCTs (n= 645)	5 databases were searched to September 2016 with no language restrictions Quality scores were calculated for eligible studies using the National Institute of Health's Quality Assessment Tool for Controlled Intervention Studies, a 14-point scale. Six studies were of poor quality and three were of fair quality	Massage vs control (not specified) <b>Nausea and vomiting</b> 2 trials (both fair quality) found reduced nausea and vomiting during and after chemotherapy
Rodríguez-Mansilla (2017)	Symptoms in children with cancer) (pain, nausea, stress, anxiety, white blood cells and neutrophils)	7 RCTs (n=383)	6 databases searched to November 2014 restricted to English or Spanish Methodological quality was analysed using the Physiotherapy Evidence Database scale 4 trials were assessed as good and 3 as fair quality	Massage vs. control (not specified) <b>Nausea and vomiting</b> 1 of 3 RCTS found beneficial effects (a good quality trial)

