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**Name of the University, Hospital, Research Institute, Academy or Ministry**

University of Tromso

**Name of the Division, Department, Unit, Section or Area**

National Research Center in Complementary and Alternative Medicine (NAFKAM)

**City** Tromso **Reference Number** NOR-20

**Title** WHO Collaborating Centre for Traditional Medicine

**Report Year** 02-2014 to 02-2015

**1. Please briefly describe the progress made in the implementation of your agreed workplan as WHO collaborating centre during the past 12 months (or the reporting period listed above). Please report on how each workplan activity was implemented, if any outputs have been delivered, if any results have been achieved and if any difficulties have been encountered during this time. If an activity has previously been completed, has not started yet, or been placed on hold, please indicate this.**

**Activity 1**

Title: Collaborate with WHO on analysis of global survey data on regulation and legal status of TM/CAM.

Description: NAFKAM will, together with WHO, in Geneva analyze the data collected from all member countries with regard to regulation and legal status of TM/CAM. The data have been collected by questionnaire, and the analysis will be done using descriptive statistics. The analysis will also involve appropriate standardization of information and presentation of the data online.

Regulation data for 39 countries in Europe was reported through the EU-funded FP7 framework program CAMbrella in December 2012. A New website on CAM regulation, hosted by NAFKAM, was launched in February/March 2015. (See Activity 2) .NAFKAM is ready to assist in the analysis of the WHO database on regulation and legal status of T&CM as soon as the data are ready for analysis.

**Activity 2**

Title: Collaborate with WHO on establishing and maintaining a proposed website for global access to country-specific data on regulation and legal status of TM/CAM

Description: NAFKAM has already developed country-specific data on regulation and legal status of TM/CAM in 39 European nations. This has been possible through EU funding from the 7th Framework Program on research. These data will be made available online for health administrators, clinicians, researchers and politicians.

Together with WHO, and partly based on the WHO global survey data, we will develop country-specific data for the rest of the nations of the world.

A New website hosted by NAFKAM, on the regulation of T&CM in 39 European countries ([HTTP://nafkam-camregulation.uit.no/](http://nafkam-camregulation.uit.no/)) was launched in February/March 2015. The website contains hard copies of the findings in the CAMbralla Project. New or changed regulation that has come to our attention after 2012 is included as news. References are included.

The data is searchable on countries and treatments, and available online for health administrators, clinicians, researchers , politicians and the public.

**Activity 3**

Title: Organize training programs/workshops/symposia on research approaches and evaluation of TM/CAM in collaboration with WHO and WHO CCs.

Description: NAFKAM will continue to host a yearly international training program/workshop/symposium in the field of research methodology in TM/CAM. The topics and venue will vary from year to year.

In the four coming years the topics will be chosen in collaboration with WHO and the other WHO CCs in TM. The arrangements will last 3 1/2 days and consist mainly of group work with the addition of two or three keynote presentations.

2014:

Shanghai, China, October 22, 2014.

WHO working group meeting on Quality Assurance and Improvement in T&CM services. Vinjar Fønnebø, NAFKAM attended the meeting.

Tromsø/ Sommarøy, Norway 10-12 December 2014

NAFKAM hosted the 2nd WHO working group on Quality Assurance and Improvement of T&CM Services. About 25 international participants. The minutes from the meeting in Tromsø/Sommarøy 10-12 December 2014 is pending.

2015:

Jeju, republic of Korea, 12 May 2015

Consultation on Traditional Complementary Medicine Integration with National Health Care Systems. NAFKAM attended the meeting with Director Vinjar Fønnebø.

#### **Activity 4**

Title: Engage in international collaborative efforts, and to provide consultation relative to TM/CAM research and training, upon the request of WHO.

Description: NAFKAM will take an active part in international efforts with regard to collaborative research as well as information issues around TM/CAM. Such efforts can be, but is not limited to, research projects, surveys of TM/CAM practices, consulting with regard to organizational issues concerning TM/CAM, TM/CAM training, coordinated public information.

NAFKAM will provide consultation services globally in the same areas at the request of WHO .

2012-2015

Norway – China collaboration (NCC) on TCM.

Terje Alræk is the NAFKAM coordinator for our collaboration with China. Research programmes within TCM and acupuncture are still ongoing, and the collaboration is wanted from both parties.

**2. Please briefly describe your collaboration with WHO in regards to the activities of the WHO collaborating centre during the past 12 months (e.g. means of communication, frequency of contact, visits to or from WHO). Please feel free to mention any difficulties encountered (if any) and to provide suggestions for increased or improved communication (if applicable).**

2014/2015:

INDIA-NORWAY mother and child collaboration

NAFKAM started in November 2014 collaboration with the Trans-Disciplinary Health Sciences and Technology (ITD-HST University), Bangalore, India. The project "Sustainable integrated mother/child health care in rural India" is funded by the Norwegian Department of Foreign Affairs. The WHO Millennium goals for women and children have high priority for health authorities in India and Norway, and NAFKAM supports this project as a CAM research and WHO collaborating center. The project is currently funded till December 2015, but the long-term plan has a 3-year duration.

2015- 2019

ISCMR (The International Society for Complementary Medicine Research).

Director Vinjar Fønnebø, NAFKAM is president of ISCMR from 2015-2017 and Agnes Fjeldstad is treasurer in the same period. Development of future conference and research collaboration between WHO and ISCMR is of interest.

ISCMR – Information about planned activities and conferences available upon request.

2014/2015

NAFKAM – Patient safety, international work and WHO collaboration.

NAFKAM has from 2014 dedicated human resources (currently senior adviser Solveig Wiesener) to strengthen the work on patient safety and international collaboration on T&CM. Collaboration with WHO as a WHO Collaborating Center will be given priority in this work.

A NAFKAM strategy for patient safety work has been developed. NAFKAM suggests collaboration on developing a WHO patient safety strategy on T&CM to be included in the Redesignation agreement with NAFKAM.

2015: WHO collaborating centres on T&CM

Salsomaggiore, Italy – Directors meeting 7-10 June 2015.

Director Vinjar Fønnebø, administrative leader Agnes Gullingsrud Fjeldstad and senior adviser Solveig Wiesener attended the meeting.

The Collaboration activities have been followed up by NAFKAM by emails, telephone conferences and meetings with WHO and collaborating partners. The communication has been constructive and positive. However, regarding Activity 1 and 2, there has been limited response from the WHO regarding supporting them on analyzing the WHO questionnaires on T&CM regulation in the member states. NAFKAM will be interested in strengthening the collaboration with WHO on T&CM regulation and patient safety.

**3. Please briefly describe any interactions or collaborations with other WHO collaborating centres in the context of the implementation of the above activities (if any). If you are part of a network of WHO collaborating centres, please also mention the name of the network, and describe any involvement in the network during the last 12 months.**

Director Vinjar Fønnebø has met with the Directors and the other T&CM collaborating centers. Senior Adviser Solveig Wiesener has discussed possible collaboration on Risk and patient safety with the WHO Patient Safety Group.

Vinjar Fønnebø, Solveig Wiesener and Agnes Gullingsrud Fjeldstad participated in the Milano Conference for collaborating centres.

**4. Please briefly describe any type of technical, programmatic, advisory or other support received from WHO during the past 12 months for the implementation of the agreed activities listed above (if any).**

None except for the discussions already mentioned above.